

# Washington Behavioral Risk Factor Surveillance System

## 2003 Tobacco Survey Results

*Whitman County*

### What is your age?

n = 193

18 - 34	47.8%	(± 8.6%)
35 - 54	27.9	(± 7.0)
55 - 74	15.8	(± 5.4)
75+	8.4	(± 4.0)

### Gender

n = 193

Male	59.2%	(± 8.0%)
Female	40.8	(± 8.0)

### Which one of these groups would you say best represents your race...

n = 191

White	95.0%	(± 4.0%)
Black or African American	0.7	(± 1.3)
Asian	1.5	(± 2.2)
Native Hawaiian or Other Pacific Islander	1.5	(± 2.8)
American Indian, Alaska Native	0.6	(± 1.2)
Other race	0.8	(± 1.0)
No preferred race	0.0	(± 0.0)

### Are you Hispanic or Latino/Latina?

n = 193

Yes	3.2%	(± 2.3%)
No	96.8	(± 2.3)

### Marital status

n = 193

Married	52.8%	(± 8.7%)
Divorced	4.4	(± 2.4)
Widowed	4.7	(± 2.8)
Separated	1.2	(± 1.3)
Never been married	33.0	(± 9.1)
Or a member of an unmarried couple	3.9	(± 3.5)

### How many children less than 18 years of age live in your household?

n = 193

None	78.2%	(± 6.4%)
1	10.5	(± 4.9)
2	10.6	(± 4.4)
3 or more	0.6	(± 1.1)

### What is the highest grade or year of school you completed?

n = 193

Some high school or less	2.5%	(± 2.2%)
High school graduate or GED	14.8	(± 5.8)
Some college or technical school	36.8	(± 9.1)
College graduate or more	45.9	(± 8.6)

Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 193	
Employed for wages	45.8%	(± 8.6%)
Self-employed	7.1	(± 3.6)
Out of work	5.0	(± 3.9)
Homemaker	4.2	(± 2.7)
Student	20.7	(± 8.6)
Retired	13.8	(± 5.3)
Or unable to work	3.5	(± 2.5)

<b>Annual household income from all sources</b>	n = 176	
Less than \$20,000	33.9%	(± 8.6%)
\$20,000 to less than \$50,000	38.0	(± 9.4)
\$50,000 or more	28.1	(± 7.3)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 262	
Yes	29.3%	(± 6.4%)
No	70.7	(± 6.4)

<b>Among those that have smoked at least 100 cigarettes in their entire life:</b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 86	
Everyday	24.3%	(± 9.7%)
Some days	11.2	(± 8.9)
Not at all	64.6	(± 12.0)

<b>Among current smokers:</b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 34	
Yes	*	*
No	*	*

<b>Current cigarette smoking prevalence:</b>	n = 262	
(every day or some day smokers among the whole population)	10.4%	(± 4.1%)

<b>Among those that have smoked at least 100 cigarettes:</b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 58	
Yes	39.8%	(± 14.8%)
No	60.2	(± 14.8)

<b>Among those that have smoked in the past 30 days:</b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 23	
Less than 30 days	*	*
30 days	*	*

<b>Among those that have smoked in the past 30 days:</b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 25	
Average:	*	*

Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 190
Yes	33.8% (± 9.4%)
No	66.2 (± 9.4)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 48
None	* *
Less than 30 days	* *
30 days	* *

<b>Current smokeless tobacco prevalence:</b>	n = 190
(any use in past 30 days among the whole population)	4.6% (± 3.8%)

<b>Do you currently smoke tobacco in a pipe?</b>	n = 189
Yes	2.0% (± 2.7%)
No	98.0 (± 2.7)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 189
Yes	11.0% (± 8.6%)
No	89.0 (± 8.6)

<b>In the past month, have you smoked bidis?</b>	n = 189
Yes	0.0% (± 0.0%)
No	100.0 (± 0.0)

<b>In the past month, have you smoked clove cigarettes?</b>	n = 189
Yes	1.2% (± 2.0%)
No	98.8 (± 2.0)

<b>Current tobacco use (all types of tobacco)</b>	n = 190
Current daily tobacco user	21.2% (± 8.9%)
Current non-tobacco user	78.8 (± 8.9)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 32
Within the past month (less than 1 month ago)	* *
Within the past 3 months (1-3 months ago)	* *
Within the past 6 months (3-6 months ago)	* *
Within the past year (6-12 months ago)	* *
Within the past 5 years (1-5 years ago)	* *
Within the past 15 years (5-15 years ago)	* *
More than 15 years ago	* *
Never used regularly	* *

***Among former smokers:***

**When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?** n = 28

Average: \* \*

***Among current tobacco users:***

**In the past month, did you buy tobacco on a Native American reservation?** n = 33

Yes \* \*

No \* \*

***Among current tobacco users:***

**In the past month, did you buy tobacco from the Internet?** n = 33

Yes \* \*

No \* \*

***Among current tobacco users:***

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?** n = 33

Yes \* \*

No \* \*

***Among current/former tobacco users:***

**People close to me are/were upset by my using tobacco.** n = 57

Strongly agree	25.6%	(± 14.6%)
Somewhat agree	20.0	(± 11.8)
Somewhat disagree	32.8	(± 20.5)
Strongly disagree	21.6	(± 12.0)

***Among current/former tobacco users:***

**When was the last time a family member or friend advised you to quit, if ever?** n = 60

Within the past year (1-12 months)	30.7%	(± 14.9%)
Within the past three years (1-3 years)	0.6	(± 1.2)
3 or more years ago	25.3	(± 13.2)
They never advised me to quit	43.4	(± 19.4)

***Among current/former tobacco users:***

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 59

Within the past year (1-12 months)	10.3%	(± 6.7%)
Within the past three years (1-3 years)	2.4	(± 4.3)
3 or more years ago	12.5	(± 8.5)
They never advised me to quit	74.8	(± 11.9)

**Among current/former tobacco users:**

**When was the last time a DENTIST advised you to quit, if ever?**

n = 61

Within the past year (1-12 months)	11.0%	(± 11.9%)
Within the past three years (1-3 years)	2.1	(± 3.0)
3 or more years ago	11.7	(± 10.4)
They never advised me to quit	75.3	(± 15.1)

**Among those advised to quit:**

**Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?**

n = 26

Yes	*	*
No	*	*

**Among current/former tobacco users:**

**How many times in your life have you seriously tried to quit using tobacco?**

n = 59

0	27.7%	(± 21.2%)
1-2	40.4	(± 16.8)
3-5	16.4	(± 12.3)
6 or more	15.5	(± 10.9)

**About how long has it been since you last visited a DOCTOR for a routine  
checkup?**

n = 186

Within the past year (1-12 months ago)	70.0%	(± 8.0%)
Within the past two years (1-2 years ago)	12.9	(± 5.4)
Within the past 3 years (2-3 years ago)	5.0	(± 4.1)
Within the past 5 years (3-5 years ago)	4.9	(± 3.9)
5 or more years ago	5.6	(± 3.7)
Never	1.6	(± 2.2)

**What type of health coverage do you use to pay for most of your medical care? Is  
it coverage through. . .**

n = 165

Your employer	40.7%	(± 9.7%)
Someone else's employer	24.9	(± 8.5)
A plan that you or someone buys on your own	10.3	(± 5.7)
Medicare	18.2	(± 6.2)
Medicaid or Medical Assistance	4.7	(± 3.6)
The military, CHAMPUS, or the VA	0.4	(± 0.8)
The Indian Health Service	0.8	(± 1.2)
Some other source	0.0	(± 0.0)

**Among current and recent former smokers:**

**Within the past year, have you heard about any programs in your community to  
help you quit using tobacco, such as classes, support groups or counseling  
services?**

n = 26

Yes	*	*
No	*	*

***Among current and recent former smokers:***

**Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?** n = 27

Yes	*	*
No	*	*

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 19

Yes	*	*
No	*	*
Don't know/Not sure	*	*

***Among current and recent former smokers:***

**During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco?** n = 27

Yes	*	*
No	*	*

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 27

Yes	*	*
No	*	*

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 16

Yes	*	*
No	*	*

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 29

Yes	*	*
No	*	*

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 16

Yes	*	*
No	*	*

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 14

Yes	*	*
No	*	*
Don't know/Not sure	*	*

<b>Are you currently registered to vote?</b>		n = 190
Yes	87.2%	(± 6.2%)
No	12.8	(± 6.2)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>		n = 187
No one is allowed to smoke anywhere inside your home	86.3%	(± 5.0%)
Smoking is allowed at some places or at some times	8.0	(± 3.9)
Smoking is permitted anywhere inside your home	5.7	(± 3.2)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>		n = 190
No current smokers in household	76.0%	(± 8.9%)
1	16.5	(± 6.3)
2	6.0	(± 7.6)
3 or more	1.6	(± 2.2)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>		n = 190
None	88.9%	(± 4.6%)
Less than 30	5.9	(± 3.4)
30 days	5.2	(± 3.2)

<b>If it were just up to you, would you let people smoke inside your home?</b>		n = 188
Yes	13.2%	(± 5.0%)
No	86.8	(± 5.0)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>		n = 102
Office	52.5%	(± 11.1%)
Store	9.4	(± 6.4)
Restaurant or Bar	6.5	(± 6.6)
Warehouse or factory	0.0	(± 0.0)
Home/Someone elses home	8.6	(± 5.5)
Outdoors	11.3	(± 8.1)
Car or truck	0.1	(± 0.3)
Classroom	6.4	(± 4.6)
Hospital	3.3	(± 3.2)
Somewhere else	1.7	(± 2.0)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>		n = 103
Yes	10.9%	(± 7.3%)
No	89.1	(± 7.3)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 102

Yes	2.6%	(± 2.9%)
No	97.4	(± 2.9)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 102

Yes	4.5%	(± 5.0%)
No	95.5	(± 5.0)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 102

None	88.7%	(± 6.7%)
Less than one hour	8.4	(± 6.2)
One hour or more	2.8	(± 2.7)

**In general, would you say that breathing secondhand smoke is. . .** n = 187

Not at all annoying to you	6.9%	(± 4.2%)
A little bit annoying	13.3	(± 5.9)
Somewhat annoying	24.1	(± 7.5)
Very annoying to you	55.7	(± 8.8)

**Would you say that breathing secondhand smoke is. . .** n = 184

Not at all harmful	2.8%	(± 3.1%)
A little bit harmful	5.8	(± 3.5)
Somewhat harmful	33.6	(± 8.5)
Very harmful	57.8	(± 8.8)

**All people should be protected from secondhand smoke.** n = 183

Strongly agree	51.2%	(± 9.1%)
Somewhat agree	25.2	(± 7.5)
Somewhat disagree	19.1	(± 7.1)
Strongly disagree	4.5	(± 3.7)

**All children should be protected from secondhand smoke.** n = 185

Strongly agree	83.1%	(± 6.9%)
Somewhat agree	10.5	(± 5.6)
Somewhat disagree	3.6	(± 3.1)
Strongly disagree	2.8	(± 3.3)

**Do you think that smoking should be completely banned in restaurants?** n = 188

Yes	66.1%	(± 8.1%)
No	32.9	(± 8.1)
Don't know/Not sure	1.0	(± 1.1)



<b>Do you think that smoking should be completely banned in bars and lounges?</b>		n = 189
Yes	36.0%	(± 8.4%)
No	57.9	(± 8.6)
Don't know/Not sure	6.1	(± 3.2)

<b>Do you think that smoking should be completely banned in outdoor public areas where children may be present?</b>		n = 188
Yes	47.3%	(± 8.8%)
No	50.0	(± 8.9)
Don't know/Not sure	2.7	(± 2.1)

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>		n = 179
Strongly agree	47.6%	(± 9.1%)
Somewhat agree	26.7	(± 7.7)
Somewhat disagree	15.6	(± 6.2)
Strongly disagree	10.1	(± 8.4)

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>		n = 177
Strongly agree	42.0%	(± 8.7%)
Somewhat agree	29.4	(± 8.3)
Somewhat disagree	14.7	(± 6.1)
Strongly disagree	13.8	(± 8.6)

<b>School officials should make sure that all children receive anti-tobacco education.</b>		n = 184
Strongly agree	72.8%	(± 9.1%)
Somewhat agree	22.6	(± 9.0)
Somewhat disagree	1.9	(± 2.2)
Strongly disagree	2.7	(± 2.1)

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>		n = 188
Strongly agree	78.1%	(± 7.2%)
Somewhat agree	15.3	(± 6.0)
Somewhat disagree	3.1	(± 3.2)
Strongly disagree	3.5	(± 3.6)

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>		n = 182
Yes	44.6%	(± 9.2%)
No	55.4	(± 9.2)

***Among people who have seen or heard of community efforts/activities:***

**Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?** n = 88

Yes	26.6%	(± 12.4%)
No	73.4	(± 12.4)

***Among people who have seen or heard of community efforts/activities:***

**To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?** n = 89

Yes	33.7%	(± 15.6%)
No	44.0	(± 13.6)
Don't know/Not sure	22.3	(± 10.3)

***Among people who know of anti-tobacco organizations in their community:***

**Do you approve of what this local organization is doing to prevent tobacco use and help people quit?** n = 23

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

**There are more negative things than positive things about smoking.** n = 188

Strongly agree	89.2%	(± 4.9%)
Somewhat agree	10.0	(± 4.8)
Somewhat disagree	0.8	(± 1.0)
Strongly disagree	0.0	(± 0.0)

**Smoking sometimes makes a person more attractive.** n = 181

Strongly agree	1.7%	(± 2.6%)
Somewhat agree	2.1	(± 1.9)
Somewhat disagree	3.7	(± 3.2)
Strongly disagree	92.4	(± 4.5)

**There are so many things that cause cancer, tobacco use is not going to make any difference.** n = 184

Strongly agree	3.2%	(± 2.8%)
Somewhat agree	8.7	(± 5.0)
Somewhat disagree	6.8	(± 4.2)
Strongly disagree	81.3	(± 6.7)

**Would you ever use or wear something that has a tobacco company logo or picture on it?** n = 187

Yes	22.7%	(± 9.0%)
No	77.3	(± 9.0)

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>	n = 189	
Yes	6.0%	(± 4.0%)
No	94.0	(± 4.0)

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>	n = 184	
Yes	14.4%	(± 6.3%)
No	85.6	(± 6.3)

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>	n = 187	
Yes	14.0%	(± 8.6%)
No	86.0	(± 8.6)

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>	n = 178	
Strongly agree	18.1%	(± 6.9%)
Somewhat agree	43.1	(± 9.5)
Somewhat disagree	18.4	(± 6.3)
Strongly disagree	20.4	(± 6.5)

***Among people with children ages 12 to 17:***

<b>Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .</b>	n = 14	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

***Among people with children ages 12 to 17:***

<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>	n = 13	
Yes	*	*
No	*	*